Thomas Hardye School Canteen

Week 1					
	Monday	Tuesday	Wednesday	Thursday	Friday
Meat/ Fish	Bangers and mash with onion gravy and peas	Chef's Choice	Roast Pork with sage and apple stuffing, apple sauce, roast potatoes and mixed vegetables	Katsu Chicken Curry with Rice and Greens	Home battered fish / scampi and chips with beans or mushy peas
Vegetarian Vegan choice avail- able	Sweet potato and lentil dahl with co- conut rice, garlic and coriander naan	Mixed bean and vegetable chilli na- chos	Chef's Choice	Macaroni cheese with peas and garlic bread	Vegetable spring rolls and chip with beans or mushy peas
Pudding	Apple crumble with cream	Chocolate sponge with chocolate custard	Pineapple upside down with custard	Jam roly-poly with custard	Chef's Choice
Available Daily	Homemade cake, Fresh fruit salad, Cookies.				

Week 2					
	Monday	Tuesday	Wednesday	Thursday	Friday
Meat/ Fish	Chef's Choice	Sweet and sour pork with rice, prawn crackers, and green beans	Roast chicken with coriander & lemon stuffing roast potatoes, carrots & savoy cabbage	Chilli beef tacos with salsa, guaca- mole, jalapenos and mixed leaves	Home battered fish / scampi and chips with beans or mushy peas
Vegetarian Vegan choice avail- able	Sundried tomato, basil, and mozza- rella pasta bake with garlic bread and peas	Vegetable lasagne, with garlic bread, green beans	Soy & Sesame noo- dles with stir fry vegetables	Sag dahl with rice, garlic & coriander naan and salad	Vegetable spring rolls and chip with beans or mushy peas
Pudding	syrup sponge with custard	Sticky toffee pud- ding with custard	Chocolate sponge with chocolate custard	Apple Pie with cream	Chef's Choice
Available Daily	Homemade cake, Fresh fruit salad, Cookies.				

Week 3					
	Monday	Tuesday	Wednesday	Thursday	Friday
Meat/ Fish	Spicy pork and chorizo rice with garlic bread and green beans	Chicken tikka masa- la, rice, garlic and coriander naan, peas	Roast beef and Yorkshire pudding with roast pota- toes, mixed veg	Chef's Choice	Home battered fish / scampi and chips with beans or mushy peas
Vegetarian Vegan choice avail- able	Homemade veggie burger with sea- soned potato wedges	Chef's choice	Macaroni cheese with garlic bread and mixed veg	Mixed bean and vegetable chilli na- chos	Vegetable spring rolls and chip with beans or mushy peas
Pudding	Apple cake with cream	Bread and butter pudding	Apricot crumble with cream	Chocolate sponge with chocolate custard	Chef's Choice
Available Daily	Homemade cake, Fresh fruit salad, Cookies.				

Week 4					
	Monday	Tuesday	Wednesday	Thursday	Friday
Meat/ Fish	Chef's choice	Lasagne with garlic bread and broccoli	Honey roast gam- mon with cauliflow- er cheese and green beans	Teriyaki Chicken with noodles and prawn crackers	Home battered fish / scampi and chips with beans or mushy peas
Vegetarian Vegan choice avail- able	Sundried tomato, basil & mozzarella pasta bake with garlic bread and green beans	Chef's choice	Mixed bean and vegetable chilli na- chos	Vegetable biryani with garlic and cori- ander naan	Vegetable spring rolls and chip with beans or mushy peas
Pudding	Chocolate sponge with chocolate cus- tard	Sticky toffee pud- ding with custard	Treacle Tart with Cream	Syrup sponge with custard	Chef's Choice
Available Daily	Homemade cake, Fresh fruit salad, Cookies.				

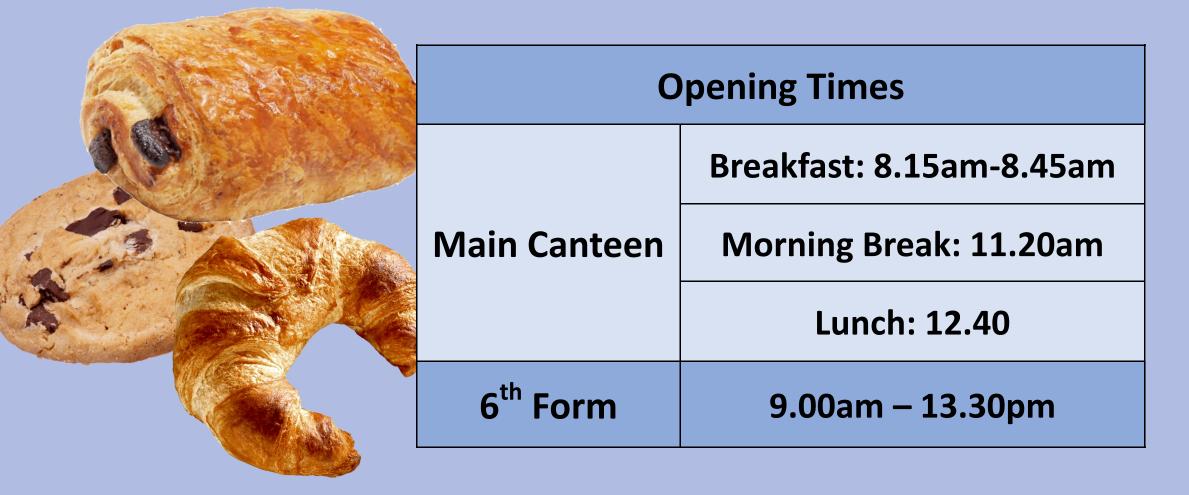


	Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bar	Italian chicken	Homemade meatballs in tomato sauce	Barbeque sausage meatballs	Bolognaise	Chef's choice
	Available daily -	- Homemade Italian to	omato sauce and loca	lly produced matur	e cheddar cheese



	Monday	Tuesday	Wednesday	Thursday	Friday
Snack Bar (Available morning break and lunch)	Chicken Fajita Loaded falafel flat bread Cheese & tomato ciabatta	Chicken Shawarma flatbread Tomato basil & mozzarella ciabatta	Chicago town Pizza Four cheese or loaded pepperoni Cheese & ham Ciabatta Vegan Pizza	BBQ pulled pork bagel Tuna & sweetcorn ciabatta Cheese & tomato ciabatta	Tomato basil & mozzarella ciabatta Cajun Chicken sandwich

Available Daily				
Baked potato	Filling available - Dorset mature cheddar cheese, tuna mayonnaise, Dorset ham, baked beans, hummus, coleslaw, mixed salad			
Boxed salads	Chinese noodle with pickled red onion, Tuna pasta, Sun dried tomato basil and mozzarella, Chicken Caesar, Crudites and hummus			
sandwiches baguettes and wraps	Various filling including, Roast chicken mayonnaise, Roast gammon, mature chaddar cheese, Sausage, Tuna, Carrot and hummus, Smoked salmon and cream cheese, prawn mayonnaise			



Prices	
Main	£3.20
Pudding	£1.40
Meal Deal (Main + Pudding/Cake)	£4.00
Meal Deal (Main + Drink A + Cookie)	£4.00
Meal Deal (Main + Drink B)	£4.00
Meal Deal (Main + Cookie)	£3.60
Meal Deal (Main + Drink A)	£3.60
Snack Deal (Snack meal + Drink B)	£3.20
Snack Deal (Snack meal + Pudding/Cake)	£3.20
Snack Deal (Snack meal + Drink A + Cookie)	£3.20
Snack Deal (Snack meal + Cookie)	£2.80
Snack Deal (Snack meal + Drink A)	£2.80

